# Southern Medical Association and SMA Tours present

## Orthopaedics and Sports Medicine

**April 28 – May 5, 2011** 

## 7-Day CME Mediterranean Cruise

Aboard Holland America Lines ms Eurodam



From exceptional food to exotic traditions, the Mediterranean offers an enchanting voyage filled with delight and excitement. Dating back centuries, its charms can be mysterious and diverse, while also offering countless opportunities to explore its cultural wealth and historical beauty.



#### **PORTS OF CALL**

- Barcelona, Spain
- Monte Carlo, Monaco
- Santa Margherita, Italy
- Civitavecchia (Rome), Italy
- Trapani, Italy
- La Goulette (Tunis), Tunisia

### **CME Cruising with SMA**

Southern Medical Association is pleased to present a variety of CME Cruise opportunities throughout the year featuring a range of specialty disciplines designed for the specific purpose of allowing medical professionals to obtain required educational course credits, while at the same time enjoying a family holiday. For additional information regarding the Educational Program or to Register, call 800.423.4992 x620 or go to <a href="https://www.sma.org/orthopaedics">www.sma.org/orthopaedics</a>

**PERSONAL CRUISE PLANNER** – An SMA Tours representative will work with you to answer any questions you may have, confirm your cabin category availability, and provide assistance with travel arrangements to Barcelona, airport transfers, booking shore excursions and other arrangements if desired. To talk with an SMA Tours cruise representative, call 800.239.7444 or 205.421.4145.



35 W. Lakeshore Drive Birmingham, AL 35209 (800) 423-4992 Ext. 620 www.sma.org



#### **CONFERENCE DETAILS**

Orthopaedic surgeons, as well as healthcare providers who treat sports injuries, will benefit from this educational opportunity that will focus on current guidelines, new methodologies, and technology equipment in treating orthopaedic sports injuries.

#### **REGISTRATION FEES:**

\$695 per person SMA Member Discounted Fee – \$595 per person

Registration fee includes conference attendance, flash drive of faculty handouts, CME/CE certificate, breaks, and access to a conference community website.

#### **TARGET AUDIENCE**

Physicians practicing in the following specialties: General Orthopaedic Surgery and Orthopaedists with subspecialty interest in sports medicine, Physical Medicine and Rehabilitation, and Pediatrics and Adolescent Medicine, all other specialists who treat, examine, or assess sports injuries, and other members of the healthcare team including Trainers, Nurse Practitioners and Physician Assistants.

#### **FACULTY**



Angus M. McBryde, Jr., MD, FACS

**Dr. McBryde** is currently Ankle and Foot Fellowship Director at the Andrews Sports Medicine and Orthopaedic Center in Birmingham. He has global sports injury responsibilities at all levels. Professional activities include committee work with the AAOS, the AOA and numerous other orthopaedic groups. He was President of the NC Orthopaedic Society and the Southern Orthopaedic Association in 1985, the Southern Medical Association in 1994 and the Clinical Orthopaedic Society in 2008. He is a member of the Davidson College Athletic Hall of Fame. He has been a Honduras physician. As academic

Chair of Orthopaedics at several Southern universities and twice Olympic Team Physician he has traveled, written and spoken widely on sports injuries of the ankle and lower extremity.



James R. Urbaniak, MD

Dr. Urbaniak is recognized as a pioneer in the replantation of severed digits and hands. During his career he has conducted significant research in the area of microsurgical reconstruction of traumatized extremities and avascular necrosis of the femoral head. While at Duke, Dr. Urbaniak built the academic orthopaedic division into one of the largest in the country and developed a basic research program that now has more than 10 million dollars of NIH funding. Dr. Urbaniak is the Virginia Flowers Baker Professor of Orthopaedics for Duke University Medical Center, Durham, North Carolina.

#### **CONTINUING MEDICAL EDUCATION CREDIT**



Southern Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Southern Medical Association is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

**SMA Cancellation/Registration Refund Policy:** Conferences are subject to cancellation. SMA will not refund travel costs if the conference is cancelled. Refunds are not given for inclement weather. Registration fee refund requests must be in writing. A refund of your registration fee, minus a \$50 administration processing fee, will be granted if notice is received by 10 days prior to the conference date. After this time, no refunds will be granted. You may transfer your registration to another conference.

#### **ITINERARY / PORTS OF CALL**

Educational Conference Sessions are scheduled as much as possible to eliminate conflicts with Ports of Call.

Day	Port	Arrive	Depart
Thurs, April 28	Barcelona, Spain	-	5:00 PM
Fri, April 29	Monte Carlo, Monaco	11:00 AM	11:00 PM
Sat, April 30	Santa Margherita, Italy <sup>TR</sup>	9:00 AM	5:00 PM
Sun, May 1	Civitavecchia (Rome), Italy	7:00 AM	8:00 PM
Mon, May 2	Trapani, Italy <sup>TR</sup>	12:00 PM	7:00 PM
Tues, May 3	La Goulette (Tunis), Tunisia	7:00 AM	6:00 PM
Wed, May 4	At Sea		
Thurs, May 5	Barcelona, Spain	7:00 AM	



#### **BARCELONA, SPAIN**

Barcelona is a lively mix of Catalan tradition and modern style. On tree-shaded Las Ramblas, the city's main thoroughfare, shop for exquisite Lladro ceramics; visit Gaudi's Church of the Holy Family; marvel at the genius of Picasso.

#### **MONTE CARLO, MONACO**

The principality of Monaco is the essence of the Riviera: couture fashion, grand yachts, nightlife centered around its famed Casino.



#### **SANTA MARGHERITA, ITALY**

Located on Italy's stunning Ligurian coast, Santa Margherita is steeped in Mediterranean history. Explore the castle built in 1550 by the Republic of Genoa as defense against North African pirates; tour the scenic region of Lavagna and the Roman Gothic basilica at San Salvatore di Cogorno; and wander through picture-perfect Portofino and enjoy the stunning views from the Portofino Lighthouse.



#### CIVITAVECCHIA (ROME), ITALY

Head straight for the many treasures of Rome and the Vatican: St. Peter's Basilica, the Vatican Museum and Sistine Chapel, the Colosseum and more.

#### TRAPANI, ITALY

This beautiful ancient city on the west coast of Sicily has played a significant role in Mediterranean history for centuries. Tour Trapani's

ancient Senate and gorgeous 14th and 15th century churches; explore the stunning medieval hill town of Erice; and meditate on the lives of the ancients as you wander among the ruins at Selinunte, with its impressive collection of temples dating back to the 5th century BC.

#### LA GOULETTE (TUNIS), TUNISIA

Tunis, the nearby capital, offers a bustling medina as well as the Bardo Museum, famed for its collection of mosaics and major finds from nearby Carthage, once the glorious rival of Rome.



#### **CRUISE PRICING**

Prices listed below are **CRUISE ONLY**, and **PER PERSON based on double occupancy**, in US\$, and are Subject to Change.

CATEGORY	DESCRIPTION	CRUISE RATE per person, based on double occupancy
J	Large or Standard Interior Stateroom 2 lower beds convertible to 1 queen-size bed, shower. Avg 170-200 sq ft.	\$1,019
D	Full Ocean-View Stateroom 2 lower beds convertible to 1 queen-size bed, bathtub & shower. Avg 185 sq ft.	\$1,289
VD	<b>Deluxe Verandah Ocean-View Stateroom</b> 2 lower beds convertible to 1 queen-size bed, bathtub, shower, sitting area, private verandah, floor-to-ceiling windows. Avg 254 sq ft.	\$1,499
VC	<b>Deluxe Verandah Ocean-View Stateroom</b> 2 lower beds convertible to 1 queen-size bed, bathtub, shower, sitting area, private verandah, floor-to-ceiling windows. Avg 254 sq ft.	\$1,569
VB	<b>Deluxe Verandah Ocean-View Stateroom</b> 2 lower beds convertible to 1 queen-size bed, bathtub, shower, sitting area, private verandah, floor-to-ceiling windows. Avg 254 sq ft.	\$1,639
VA	<b>Deluxe Verandah Ocean-View Stateroom</b> 2 lower beds convertible to 1 queen-size bed, bathtub, shower, sitting area, private verandah, floor-to-ceiling windows. Avg 254 sq ft.	\$1,709
V	<b>Deluxe Verandah Ocean-View Stateroom</b> 2 lower beds convertible to 1 queen-size bed, bathtub, shower, sitting area, private verandah, floor-to-ceiling windows. Avg 254 sq ft.	\$1,779
SS	Superior Verandah Suite 2 lower beds convertible to 1 queen-size bed, bath w/dual sink vanity, full-size whirlpool bath, shower, large sitting area, private verandah, 1 sofa bed for 1 person, floor-to-ceiling windows. Avg 398 sq ft, including verandah.	\$2,099
All Prices are Per Person, Double Occupancy, in \$US, Subject to Change Rates Quoted DO NOT Include Port Charges, Taxes & Fees Additional charges will apply for Single Occupancy 3 <sup>rd</sup> /4 <sup>th</sup> Person in Cabin Rates also Available upon Request Quoted prices do not include possible Fuel Supplements which may be imposed in the future		

#### **CRUISE DEPOSIT / PAYMENT POLICY:**

A **Deposit** in the amount of **\$175.00 PER PERSON** is required within **5 days of booking** to confirm your cruise reservation.

**Final Payment** of all cruise fees is due by **FEBRUARY 12, 2011**, after which time cancellation penalties will apply.

#### **CANCELLATION INSURANCE:**

Please be advised that SMA Tours strongly recommends the purchase of cancellation insurance when traveling. Applications for cancellation insurance as well as for SMA's AirMed program are available on request.

#### **CRUISE RESERVATIONS**

You are encouraged to book as early as possible for best stateroom availability. Prices quoted are PER PERSON, based on double occupancy, and subject to change depending on availability at time of booking. Additional charges will apply for single occupancy.

Conference registrants must book all cruise accommodations through SMA to ensure conference amenities are received for the benefit of the group. Your cooperation in doing so assists SMA in maintaining competitive registration fees and providing the maximum benefits to you and the rest of the group during the cruise.

#### **OTHER ARRANGEMENTS:**

In addition to confirming your cruise booking, your **SMA Personal Cruise Planner** is available to also assist you with:

- Travel arrangements to Barcelona
- Airport/Ship Transfers
- Shore Excursion Bookings
- Cancellation and Travel Insurance Questions
- Pre- or Post-Cruise Hotel Arrangements
- Special Service Requests

To talk with an SMA Personal Cruise Planner, call 800.239.7444 or 205.421.4145

#### Holland America Line's ms Eurodam

Launching her maiden voyage in July of 2008, the *ms Eurodam* marks Holland America Line's new Signature-class ships. The *ms Eurodam* furthers the evolution of our sophisticated midsized ships with 11 passenger decks, a new topside Pan-Asian restaurant and lounge surrounded by panoramic views, an Explorer's Lounge bar, a new Italian restaurant adjacent to the Lido, elegant luxury jewelry boutique, new atrium bar area, an enhanced and reconfigured show lounge and a new photographic and imaging center. On the technical side, the *ms* 



Eurodam features the latest state-of-the-art navigation and safety systems. The ship is powered by six diesel generators and propelled by the latest Azipod® propulsion technology.

#### **Enrollment is limited!**

Call your SMA Tours Personal Cruise Planner at 1-800-239-7444 for cruise arrangements.

For SMA Conference Questions, visit: <a href="https://www.sma.org/orthopaedics">www.sma.org/orthopaedics</a> or call 1-800-423-4992 ext. 620.