



**3rd ANNUAL
PHYSICIANS-IN-TRAINING
LEADERSHIP CONFERENCE**

OFFICIAL MEETING PROGRAM

February 24th-26th, 2023

The University of Tennessee Health Science Center
Memphis, TN

PLEASE NOTE: ALL TIMES LISTED AS
CENTRAL STANDARD TIME (CST)



Southern Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Accreditation and CME Credit

Southern Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



AMA PRA Category 1 Credits™

Southern Medical Association designates this Live activity for a maximum of 10 hours of *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

To receive CME credit you MUST attend the activity, and complete the attendance/attestation evaluation form (links will be emailed post-conference).

CME Request Form and Evaluation

CME credit is managed through an on-line process. After the Physicians-In-Training Leadership Conference has ended, SMA will email you a link to our website to complete the CME request form and conference evaluation. After you complete and submit your evaluation and attendance documentation, you will receive your CME certificate within 24 hours from customerservice@sma.org. If you have not received your certificate within 24 hours, please check your spam filter, or contact SMA: 800.423.4992, ext. 620; email: customerservice@sma.org.

Disclosure of Conflicts of Interest

Southern Medical Association (SMA) requires instructors, planners, managers, and all other individuals who are in a position to control the content of this activity to disclose conflicts of interest (COI) with ineligible companies within the last 24 months of the development of this activity. All identified COIs are thoroughly vetted and mitigated prior to the release of the activity. SMA is committed to providing its learners with high quality activities and related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of a commercial interest.

Disclosure information for all individuals who were involved in the planning and implementation of the educational content being presented during the SMA's Scientific Assembly will be made available in a slide presentation prior to each session

Disclaimer

The primary purpose of SMA's (Southern Medical Association's) accredited Physicians-In-Training Leadership Conference is to meet the educational needs and address practice gaps of health care professionals by providing practice-oriented and scientifically based content that will advance the learners' competence and performance. Information presented and techniques discussed are intended to inform physicians of medical knowledge, clinical procedures, and experiences of physicians willing to share such information with colleagues. It is recognized that a diversity of professional opinions exists in the contemporary practice of medicine, which influences the selection of methods and procedures. The views and approaches of faculty are offered solely for educational purposes and do not represent those of the SMA or constitute endorsement by the SMA. The SMA disclaims any and all liability for injury or other damages to any individual participating in these CME activities and for all claims which may result from the use of the information presented.



SAVE THE DATE
The Southern Medical Association
Annual Scientific Assembly
OCTOBER 25th - 28th, 2023

CME, Poster and Oral Abstract Tracks, SMarT Bowl, Scholarships, & Awards.

A HUGE THANKS TO OUR SPONSORS AND EXHIBITORS!



Schedule at a Glance

Friday February 24, 2023 (All Times CST)		
5-6 P.M.	Registration Open.	UT
4-5:30 P.M.	PIT Committee Planning Meeting (Just PIT Committee)	UT Meeting Room
6-8 P.M.	Post Registration social- light hors d'oeuvres, "Ask Me Anything" Session with Dr. Baldwin, games, and music	UT

Saturday February 25, 2023 (All Times CST)		
7:00-5:30 pm	Registration Open.	
7:30-8:00 am	Chick-Fil-A Breakfast	
	Mooney (201)	Mooney (203)
8:00-8:30 am	Welcome Plenary Session Welcome from PIT Chair, UT medical school Dean, Dr. Jackson, and co-hosts	-
8:30-9:30 a.m.	Session 1 Open Plenary Speaker Dr. James "Bernie" Short 1 hr. CME	Zoom is open
9:30-9:45 am	BREAK	
9:45-12:00	Session 2A Onsite abstracts Onsite Moderator-Buckley McCall	Session 2B Virtual Abstracts Isabella Dreyfuss
12-1 P.M.	Session 3- Lunch and Learn- Invited Speaker Dr. Lawrence S.. "Lee" Carter 1 hour CME	Zoom is Open
1-1:15 P.M.	BREAK	
1:15-3:15 pm	Session 4A Onsite Abstracts Onsite moderator- Trent Percy	Session 4B: Virtual Abstracts Moderator: Junaid and Magnus
3:15-3:30 P.M.	BREAK	
3:30-5:30 P.M.	Session 5A Onsite Abstract Session Onsite Moderator: Trent Percy	Session 5B Virtual Abstracts Moderator: Zachary Olivos
5:30 pm	Adjourn.	
6:30-9 pm	Networking Event: Grind City Brewery: Food, drinks, games, and more 2 drink tickets and food will be provided. 76 Waterworks Ave, Memphis, TN 38107	

Sunday February 26, 2023 (All Times CST)		
8-11 A.M.	Registration Open in Foyer.	
8-8:30am	Buffet Breakfast	
	Mooney (201)	Mooney (203)
8:30-10 am	Session 6 – Top 10 Abstract Competition.	Zoom Open
10-11 am	Session 7 Closing Plenary Speaker- Dr. Jackson 1 hour CME	Zoom Open
11-11:15	BREAK	-
11:15-12:00	Closing Plenary Session- Announcement of Award Winners- Closing Remarks (PIT Chair)	Zoom Open
12:00 pm	Assembly Adjourn.	

Zoom Links

Saturday In-Person:

<https://sma-org.zoom.us/j/82094709071?pwd=RJJ5UnpBRFILUFFCNHhLQUhmMm5vdz09>

Saturday Virtual:

<https://sma-org.zoom.us/j/84168909537?pwd=Nko3R01yT1BhMW9vd0t6RXBRYzQ5Zz09>

Sunday In-Person:

<https://sma-org.zoom.us/j/87330185691?pwd=dWRjUUJnbj9aYnUrYVlWdoNYVHJKdz09>

SOCIAL EVENTS

INCLUDED WITH YOUR REGISTRATION

2.24 FRIDAY

SATURDAY 2.25

MEET

6:00 PM- 8:00 PM

LOCATION: MOONEY MAIN

FOOD, FELLOWSHIP, GAMES -
VERY CASUAL WAY TO MEET SOME
NEW PEOPLE IN TOWN FOR MEETING.

*Hang out with SMA leadership and
meeting attendees. We'll probably go
somewhere nearby for a drink afterwards.

NETWORK

6:30-9:00 PM

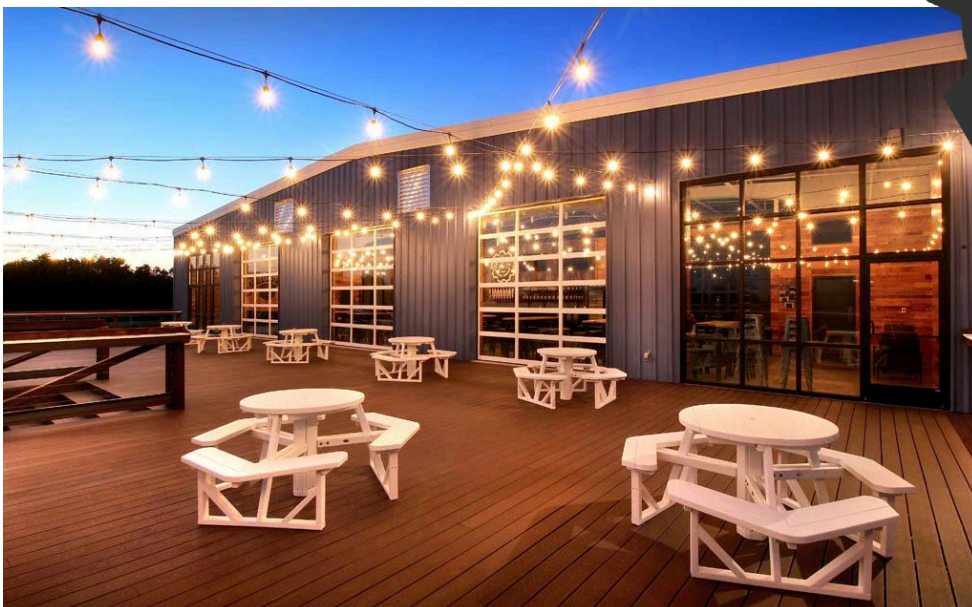
GRIND CITY BREWING

DINNER AND DRINKS,
FOR LOCAL PHYSICIANS AND
CONFERENCE ATTENDEES

Meal Ticket and 2 Drink tickets
included for attendees.

ADDRESS FOR GRIND CITY

[76 Waterworks Ave, Memphis, TN 38107](https://www.grindcitybrewing.com/)



19	11:38am-11:44am	56	Use of Point of Care Echocardiogram in Cardiogenic Shock and How It Can Change Management in the Emergency Department	Lauren Powell
			Public Health & Environmental Group	
20	11:44am-11:50am	111	VAXXED & BOOSTED: Increasing COVID-19 Vaccination Rates Through Convenience of Vaccination Location	Taylor Stamey

Saturday, February 25, 2023 (Virtual Room)
Session 2B Virtual Poster Presentation 6 min. each 9:45 am - 12:00 pm

	Time	Ab#	Abstract Title	Presenter
			Surgery & Specialities Group	
1	9:45am-9:51am	6	Evaluating Outcomes in Post-Mastectomy Tissue Expansion Following Implementation of the COVID-19 Mask Mandate	Ann Carol Braswell
2	9:51am-9:57am	16	Silently Aggressive: An Unusually Quiet Large B-cell Lymphoma Complicated by Small Bowel Obstruction.	Emana Sheikh
3	9:57am-10:03am	22	Medial Collateral Ligament Reconstruction with Autograft vs Allograft	Jack Blitz
4	10:03am-10:09am	27	Combined Rotator Cuff Repair and Superior Capsule Reconstruction for Chronic Non-Healing Rotator Cuff Repair	Melanie Peterson
5	10:09am-10:15am	31	Success of Primary Uncemented Total Hip Replacement in the Elderly.	Melanie Peterson
6	10:15am-10:21am	29	hemorrhagic Shock Induced Endotheliopathy and Subsequent Organ Dysfunction Could Provide an Explanation for the Differential Outcomes in Women	Aditya Vinjamuri
7	10:21am-10:27am	32	Prevention, Causes and Management of Running Related Ankle Injuries: A Systematic Review	Aditya Vinjamuri
8	10:27am-10:33am	34	Multimodal Pain Management Strategies Following ACL Reconstruction: A Systematic Review	Aditya Vinjamuri
9	10:33-10:39am	53	Evaluation of Multidisciplinary High-Risk Pregnancy Clinic	Luke Anderson
10	10:39am-10:44am	73	Is the Use of a Postoperative Hip Orthosis Beneficial Following Routine Arthroscopy of the Hip? A Retrospective Cohort Study	Dylan Wentzel
11	10:44am-10:50am	79	The Prevalence of "Pipelining" at the Top Orthopaedic Sports Medicine Fellowship Programs	Grace Tanguilig
12	10:50am-10:56am	80	Diversity Related Positions in Orthopaedic Residency Programs	Preston Terle
13	10:56am-11:02am	84	A Review of the Efficacy of Extended Antibiotic Prophylaxis in Patients with a BMI over 35 Undergoing TKA/THA	Kiely Curran
14	11:02am-11:08am	89	The Presence of Orthopaedic Sports Medicine Surgeons on Social Media	Alexis Edmonson
15	11:08am-11:14am	91	Indications For Lateral Extra-Articular Tenodesis: A	Emily Jones

			Systematic Review	
16	11:14am-11:20am	92	Systematic Review of Intra-Articular Use of Antibiotics and Antiseptic Irrigation and their Association with Chondrolysis	Hunter Post
17	11:20am-11:26am	95	MRI Findings in Core Muscle Injury: A Systematic Review	Cooper Root
18	11:26am-11:32am	102	Analysis of Graft Types used with Internal Brace	Connor Maginnis
19	11:32am-11:38am	104	Analysis of Social Media Posts that Promote Women Surgeons	Carly R. Stevens
20	11:38am-11:44am	105	Patient Preferences of Social Media Content by Sports Medicine Surgeons	Christina Freiburger
21	11:44am-11:50am	109	Conservative Management of a Patient with Pneumoperitoneum following Cardiopulmonary Resuscitation	Shira Rosoph
22	11:50-11:56am	114	Intussusception Secondary to Heterotopic Pancreas	Yara Khalifa

Saturday, February 25, 2023 (Onsite Room)

Session 4A Onsite- Oral Presentation 12 min. each 1:15 pm-3:15 pm

	Time	Ab#	Abstract Title	Presenter
			Mental Health	
1	1:15pm-1:27pm	98	Understanding the Utility of a Student-based Wellness Committee: A Survey of Medical Students	Martin Tan, Jacob Denkwicz
			Surgery & Specialties Group	
2	1:27pm-1:39pm	55	Outcomes of Medial Patellofemoral Ligament Reconstruction with and without Concomitant Tibial Tubercle Osteotomy for Treatment of Patellar Instability	Patrick Ryan
3	1:39pm-1:51pm	59	Factors Influencing Return to Play Following Medial Patellofemoral Ligament Reconstruction with and without Tibial Tubercle Osteotomy: A Systematic Review	Patrick Ryan
4	1:51pm-2:03pm	65	Deep Vein Thrombosis Prophylaxis in Patients who Undergo Knee Arthroscopy	Udit Dave
5	2:03pm-2:15pm	106	Comparing postoperative functional outcomes after quadriceps or BTB (bone patellar tendon bone) anterior cruciate ligament (ACL) reconstruction	Udit Dave
6	2:15pm-2:27pm	90	Role of Suction Assisted Lipectomy for Treatment of Facial Silicone Granulomatosis	Rowan Shira Brooks
			Medicine and Specialities Group	
7	2:27-2:39 pm	76	Reversal Brain Death: A Patient Case Report	Kenneth Paik
8	2:39-2:51 PM	25	Smart Phone Operating System Preferences and Bias in Medical Trainees	Skylar Palmer

Saturday, February 25, 2023 (Virtual Room)
Session 4B Virtual Poster Presentation 6 min. each 1:15pm -2:47pm

	Time	Ab#	Abstract Title	Presenter
			Bioethics & Med Ed Group	
1	1:15pm-1:21pm	35	Orthopaedic Hand Patients Who Screen Positive for Intimate Partner Violence (IPV) Self-Report Lower Health Outcome Scores and Higher Disability Scores	Nicolette Schurhoff
2	1:21pm-1:27pm	30	Harm Reduction Curricula Integration into Medical Education: A Student-led Effort to Increase Knowledge of Substance Use Disorders and Decrease Stigma	Marinna Smith
3	1:27pm-1:33pm	47	Integrating A Student Co-Created Health Systems Science Curriculum Within UME	Britton Ethridge
			Medicine and Medical Specialities Group	
4	1:33pm-1:39pm	15	Myroides Odoratimimus Blood Stream Infection Presenting with Encephalopathy and Short-Term Memory Loss	Katherine Ruiz Gonzalez
5	1:39pm-1:45pm	45	Proteus Syndrome in a Young Adolescent	Miriam Matthews
6	1:45pm-1:51pm	54	The Diagnostic Dilemma of Visual Hallucinations	Josh Matthews
7	1:51pm-1:57pm	63	Concurrent Chemoradiation: An Alternate Effective Treatment for Advanced Basal Cell Carcinoma	Josh Matthews
8	1:57-2:05 pm	101	A Long Way from Home: An Interesting Case of MSSA Bacteremia from an Unknown Source	Magnus Chun
9	2:05-2:11pm	60	Troponinemia post AF ablation, expected side effect or perfect ACS storm?	Melissa Hidalgo
10	2:11pm-2:17pm	72	A Systematic Review of Sunscreen Decontamination in Humans	Marc Gebara

11	2:17pm-2:23pm	74	THE RARITY AND MANAGEMENT CHALLENGES OF LEFT VENTRICULAR THROMBUS AFTER NON-STEMI	Kristina Menchaca
12	2:23pm-2:29pm	77	Clotting and bleeding: complex decision-making in a cancer patient with pulmonary embolism and intracranial hemorrhage	Catherine Ostos Perez
13	2:29pm-2:35pm	83	Proton pump inhibitor-induced dermal hypersensitivity reaction masquerading as an arthropod-bite reaction	Raj H. Patel
14	2:35pm-2:41pm	87	Life threatening hematologic emergency from low dose methotrexate	Sukhmanjot Kaur
15	2:41pm-2:47pm	112	Respiratory decompensation masquerading Hiatal Hernia and Gastric Volvulus	Sukhmanjot Kaur

Saturday, February 25, 2023 (Onsite Room)
Session 5A Onsite- Oral Presentation 12 min. each 3:30-4:20pm

	Time	Ab #	Abstract Title	Presenter
1	3:30pm-3:42pm	94	The Glucagon-Like Peptide-1 (GLP-1) Receptor Against Liraglutide Requires Liver FG21 to Reduce Carbohydrate Intake	Amanda Watters

2	4:06pm-4:18pm	85	Stroke and COVID-19: a review of case report trends	Mahant Malempati
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Saturday, February 25, 2023 (Virtual Room)
Session 5B Virtual Poster Presentation 6 min. each 3:30-5:30 pm

	Time	Ab #	Abstract Title	Presenter
			Medicine & Medical Specialties Group (cont)	
1	3:30pm-3:36pm	97	Sub-Pericardial Hematoma Following Coronary Angiography	Davin Evanson
2	3:36pm-3:42pm	99	A Case of Significant Life Prolonging Care of Advanced Colorectal Cancer -- Comprehensive, Integrated Palliative Care of a Young Adult Woman	Peter Wang
3	3:42pm-3:48pm	107	Risk Factors for Shoulder Injuries in Female Athletes Playing Overhead Sports: A Systematic Review	Malia C. Steele
4	3:48-3:54 pm		A Rare Case of Acute Tonsillitis with Covid Infection	Saloni Shrike
			Emergency & Disaster Group	
5	3:54pm-4:00pm	96	Lack of Primary Care Physician Coverage and Over-representation of Black Patients and Non-Native English Speakers in Preventable Emergency Department Visits	Leo Meller
			Public Health & Environmental Group	
6	4:00pm-4:06pm	10	Keep your eyes open: Ocular syphilis in a patient with secondary syphilis	Alex Sewchand
7	4:06pm-4:12pm	23	United States Healthcare Burden and Patient Distribution of Inpatient Skin and Subcutaneous Tissue Infections During 2016-2020	Madeline Holbrook
8	4:12pm-4:18pm	48	Addressing COVID-19 Vaccine Uptake in East Texas through Community Health Worker Engagement and the Community Health Integrated Response Portal (CHIRP)	Korosh Bahrami
			Quality Healthcare Group	
9	4:18-4:24 PM	108	Physician Retirement Planning in the Post-COVID-19 Pandemic Era: A Multidisciplinary Survey of Physicians in a Large Regional Healthcare System	Salma Attai
10	4:24-4:30 PM	1	Deep Venous Thrombosis After Proximal Hamstring Tendon Repair: A Systematic Review	Alexis Edmonson
11	4:36pm-4:42pm	57	Hypocupremia: A Sequela of Bariatric Surgery	Daniel Lauffenburger

Sunday, February 26, 2023 (Onsite Room)
Session 6 Onsite TOP 5 Poster Presentation 6min. each 8:30-9:00 am

	Time	Ab #	Abstract Title	Presenter
1	8:30am-8:36am	38	Rosai-Dorfman Disease: A Pediatric Case of Extranodal Osseous Disease.	Caroline Baughn, BS
2	8:36am-8:42am	64	Neurocognitive Disorders and Using Motor Cognitive Dual-Task Testing to Predict Future Falls: Study Protocol for a Systematic Review	Alexa Lauinger, BS
3	8:42am-8:48am	71	Rare Presentation of Myasthenia Gravis: A Case Study	Kristin Chancellor, MS,

Faculty and Leadership



Dr. Steven Baldwin, who became the Editor-in-Chief of the Southern Medical Journal in January 2020, recently retired from the Pediatric Emergency Medicine Division at the University of Alabama at Birmingham



Dr. Donna L. Breen is an Otolaryngologist practicing general ENT and allergy in Marksville, Louisiana after finishing her residency at Tulane Medical Center in 1988. She graduated from University of Alabama Medical School cum laude in 1983. Also, she completed a fellowship in Otolaryngic Allergy in 1992. Dr. Breen, who became an SMA member in 1984, is proud to serve the needs of a semi rural small town community and take care of adults and children with ear, nose, and throat problems who would have to travel many miles for their care.



Having been raised in North Carolina as part of a military family, Dr. Lawrence Carter appreciated early on the diversity of our population. While paying back his time in the United States Air Force, Dr. Carter discovered his passion for empowering his patients instead of just enabling them. This entails educating his patients about healthy diets and activities and helping them develop a personalized wellness plan. While serving on the board of Catawba County Health Partners, Dr. Carter helped develop the "Eat Smart, Move More" campaign to encourage more activity in his community. He also spearheaded a nationally recognized program partnering local farmer's markets with the Health Department to provide access to healthy food choices for those with limited resources.



Magnus Chun is a 4th-year medical student at Tulane University School of Medicine in New Orleans, LA. He is applying to Internal Medicine residency. His professional goals are in the areas of medical education and clinical research. Since last year, Magnus has initiated and taught the introduction to clinical research electives at Tulane University School of Medicine and was the clinic director for a student-run clinic in New Orleans. Magnus enjoys mentoring other students in research and enjoys networking with physicians across the nation. He looks forward to sharing his passions in research and encouraging SMA members to partake in research opportunities. When not in the hospital, Magnus enjoys tennis, training for Ironman triathlons, playing the piano, and hiking.



Isabella Dreyfuss is a 4th year medical student at Nova Southeastern University from sunny Florida. She is currently completing a research year, as well as her MBA at Duke University. She plans to apply to dermatology residency or pathology. She has served as the President of her Dermatology Club at her school. As the leader of the Research & Development group, she looks forward to enabling students to find methods of networking within their prospective field in more accessible avenues.



Sangeetha Isaac is a third year Internal Medicine Resident at North Alabama Medical Center, Florence, Alabama. Having lived, trained and worked in different countries viz India, Singapore and USA, I've had the opportunity to interact with multiple trainees of diverse cultural backgrounds. My vision for this position is for every trainee to have equal access to the various opportunities to grow and develop in their professional life; I aim to promote scholastic activities/ mentoring and network opportunities among trainees from all programs alike. I am thrilled to work with the other members of the committee to make SMA-PIT the 'go to' resource for medical students and residents. I am an aspirant of Hematology-Oncology fellowship and I enjoy reading books. Quoting one of my favorite authors 'And, when you want something, all the universe conspires in helping you to achieve it'~ Paulo Coelho.



Dr. Christopher Jackson serves as Associate Program Director for Curriculum and Education, and Assistant Clerkship Director for Internal Medicine at the University of Tennessee Health Science Center, Center for Health System Improvement. A native of Augusta, GA, he studied Biology and Sociology at Emory University and received his Doctor of Medicine degree at the Medical College of Georgia. He completed his residency and a year as Chief Medical Resident residency at UTHSC where he joined the faculty in the Division of General Internal Medicine and the Center for Health System Improvement in 2019. Dr. Jackson's research interests focus on evaluating educational and quality improvement efforts to improve primary care practice, patient-centered health outcomes, and delivery of evidence-based medicine.



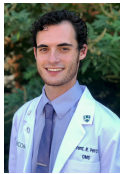
Buckley McCall is a third year medical student at the University of South Carolina School of Medicine. I graduated from Clemson University with a Biology major and French/Microbiology minors in 2018. Additionally, I am an editor for In-Training magazine and was the president of my local Vertically Integrated Trainee Program (VITP). At this moment in time I am most interested in eventually becoming a Critical Care Physician.



Zachary Olivos is a fourth year medical student pursuing an MD/MBA/MPH in Health Policy at Tulane University. He completed undergrad at Case Western Reserve University on a theater and academic scholarship. He additionally earned his MS in Physiology and Biophysics at Georgetown through the Yellow Ribbon program. He has dedicated interest in establishing viable capitation-based payment structures that empower primary care physicians to provide quality care removed from the restrictions of prior authorization. He worked in various EMS roles in Ohio for three years prior to attending medical school. In his free time, he volunteers with the Cajun Navy Relief during hurricane season, providing supplies and constructing temporary relief structures for individuals afflicted by storm surges along the Gulf Coast. He is very excited to be a part of the SMA-PIT, and is deeply passionate about his personal vice, Diet Coke.



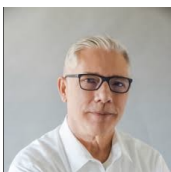
Mohammed Afraz Pasha is a second year Internal Medicine resident at North Alabama Medical Center at Florence, Alabama. Cardiology and traveling are two things I am passionate about. Prior to my residency journey in the United States, I practiced in India and the United Kingdom. I am excited to work towards creating mentoring relationships and networking opportunities to guide medical students and residents plan their career pathway. I want to find ways to popularize early research among medical students and residents. By creating avenues like virtual monthly case reports and journal clubs I want to promote their development in their field of interest. While off work, I enjoy undertaking road trips and exploring places.



Trent Percy is an osteopathic medical student. As a lifelong resident of Florida and student/trainee in the state of Arkansas, I look forward to providing healthcare to the southern United States. Having a prior job in research, I have a profound interest in sharing novel ideas that will one day revolutionize medicine moving forward. At home, I enjoy art, movies, sports and spending time with my family.



Natalie Weiss is a fourth-year MD/MBA candidate at Tulane University School of Medicine in New Orleans, Louisiana, and hopeful future Otolaryngologist. Prior to pursuing a career in medicine, she obtained her BA in Music from Emory University, which led to work as a professional vocalist. Her unconventional background has taught her the value of diversity of thought within her field. She aims to similarly broaden the horizons of physicians-in-training in her community, beginning with development of the SMA's Physicians-in-Training Leadership Working Group (SMA PIT). She believes that it is vital to teach rising physicians about all aspects of medicine, including the business of medicine, applications of novel tech, lessening of barriers to care, and use of evidence-based best practices.



LSU Medical School, class of 1981. Board Certified: Family Practice and Urgent Care. Fellow, AAFP & College of Urgent Care Medicine (FCUCM). Founder, Southeastern Regional Urgent Care Association (SERUCA). Past: Chair—Board of Certification for Urgent Care Medicine (BCUCM), Medical Director — Piedmont Urgent Care